

BAIA CEA TORTOLÌ - SARDEGNA

STARTERS FROM LAND

17,00
10,00
12,00
12,00

STARTERS FROM SEA

COZZE ALLA MARINARA (4-14) mussels in white vine sauce with parsley and garlic	15,00
OCTOPUS* SALAD (4-9-14)	18,00
served with tomatoes, potatoes and olives (1-4-3-8)	
SQUID* SALAD (4-14)	17,00
with carrots, tomatoes and chickpea	
FRIED ANCHOVIES* (1-3-4)	16,00
with Tropea's onions	

MAIN COURSES FROM LAND

MALLOREDDUS WITH SHEEP'S RAGU (1-9)	15,00
LASAGNA SARDA (1-3-7-9)	15,00
with carasau bread, sheep's ragù, fried vegg	
and pecorino cheese	

SECOND PLATES FROM LAND

BEEF GRILLED STEAK 350GR

20,00

served with mixed salad



KIDS MENU

MALLOREDDUS IN TOMATO SAUCE (1-9) 10,00 HAMBURGER / COTOLETTA (1-3) 14,00 served with french fries

MAIN COURSES FROM SEA

FREGOLA* WITH CUTTLEFISH INK (1-2-4-10-14)	18,00
with mussels, clams, cherry tomatoes and bottarga BAVETTE ALLO SCOGLIO (1-4-2-14)	17,00
with shrimps*, squids*, mussels, clams and parsley	
MALLOREDDUS WITH SWORDFISH (1-4-8-12)	17,00
with swordfish*, dried tomatoes, toasted pine nuts with basil oil	

MAIN COURSES FROM SEA

FRIED CALAMARI (1-4-8-14)	18,00
FRITTO MISTO (1-4-2-8-14)	18,00
prawns*, squids*, mussels, monkfish*	Í
GRILLED SQUIDS* AND PRAWNS* (4-14)	19,00
with roast potatoes and basil oil	
GRILLED SWORDFISH* (4)	17,00
with mixed salad	

SANDWICHES

COOKED HAM AND FONTINA CHEESE (1-7-12)	6,00
CURED HAM E MOZZARELLA CHEESE (1-7-12)	7,00
TUNA CHEESE AND TOMATOES (1-4)	7,00
CAPRESE (1-7)	6,00
tomatoes and mozzarella cheese	
HAMBURGER* (1)	10,00
beef burger 180g, salad and tomatoes	
COTOLETTA* (1-3)	10,00
with salad and tomatoes	
TOAST (1-7-12)	5,00
cooked ham and cheese	·
TOAST SARDO (1-7-12)	6,00
pecorino cheese and guanciale	

SALADS

CAESAR SALAD (1-7-3)	15,00
green salad, cotoletta*, tomatoes, parmesan shaves,	
Caesar sauce, tuna and crunchy bread crostini	
AL MARI (3)	14,00
mixed salad, tomatoes, olives, mais and eggs	
INSALATA SARDA (7)	13,00
tomatoes, onions, olives and casu de fitta cheese	

SIDES

FRENCH FRIES*(8)	5,00
GREEN LEAVES SALAD	5,00
MIXED SALAD	5,00
BEANS AND RED ONIONS	5,00

TABLE SERVICE CHARGE 2,00€ FOR PERSON * products on this menu might come from freezer

LIST OF ALLERGENS:



1. GLUTEN



2. CRUSTACEANS



3. EGGS



4. FISH



5. PEANUTS



6. SOY



7. MILK



8. TREE NUTS



9. CELERY



10. MUSTARD



11. SESAME



12. SULPHITES



13. LUPIN **BEANS**



14. MOLLUSCS